

hmmmmm fucking daughter using
her money to get anything
that wont benefit me...im gonna torment
that fucker i will make sure she never
does anything unless i say
its ok to



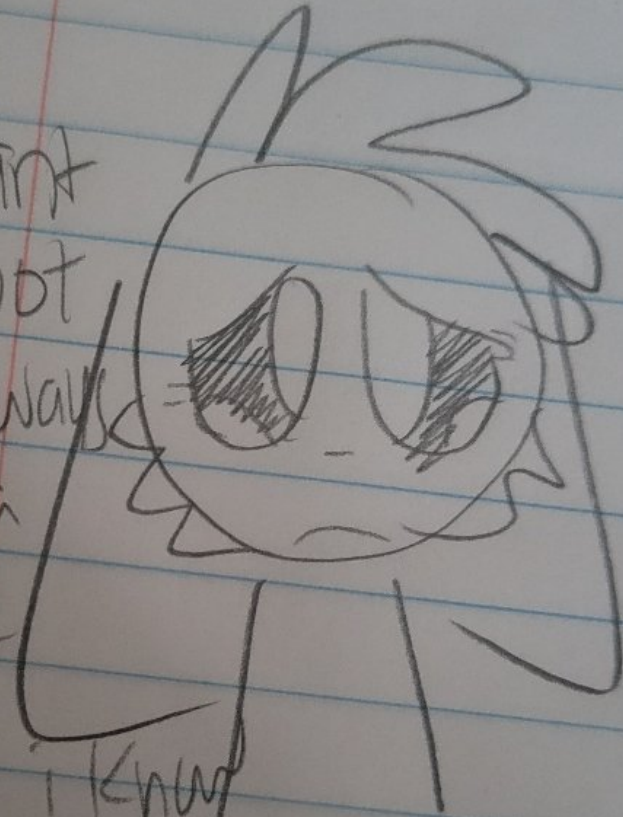


i may always live in fear
of people. its a good
thing if i do. but, do
not think i truly hate them.
i just wish to view them
from the other side. and its
okay when i do and
i am not tried to be tamed
and dissected.

10/16/20

i want
to not
be always
on a
phone

but i know
what i call
home want
always be home

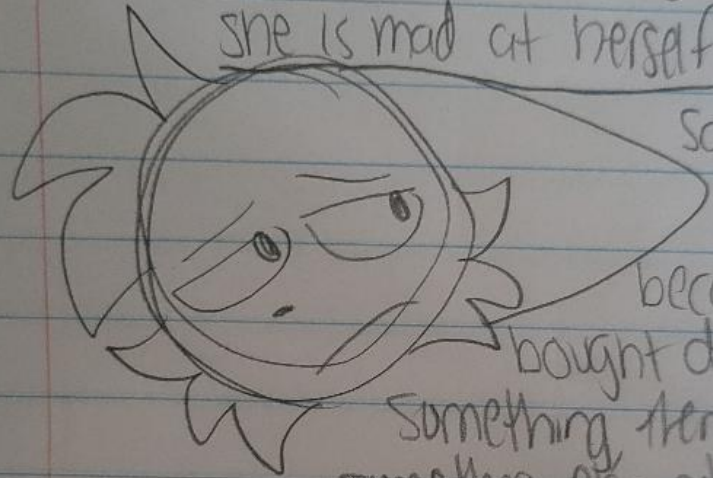


10-16-2025

she has verbalized

she is mad at herself. she

said double
mad.



because she
bought double of
something then forgot

something else. also because

she did poorly on her math exam

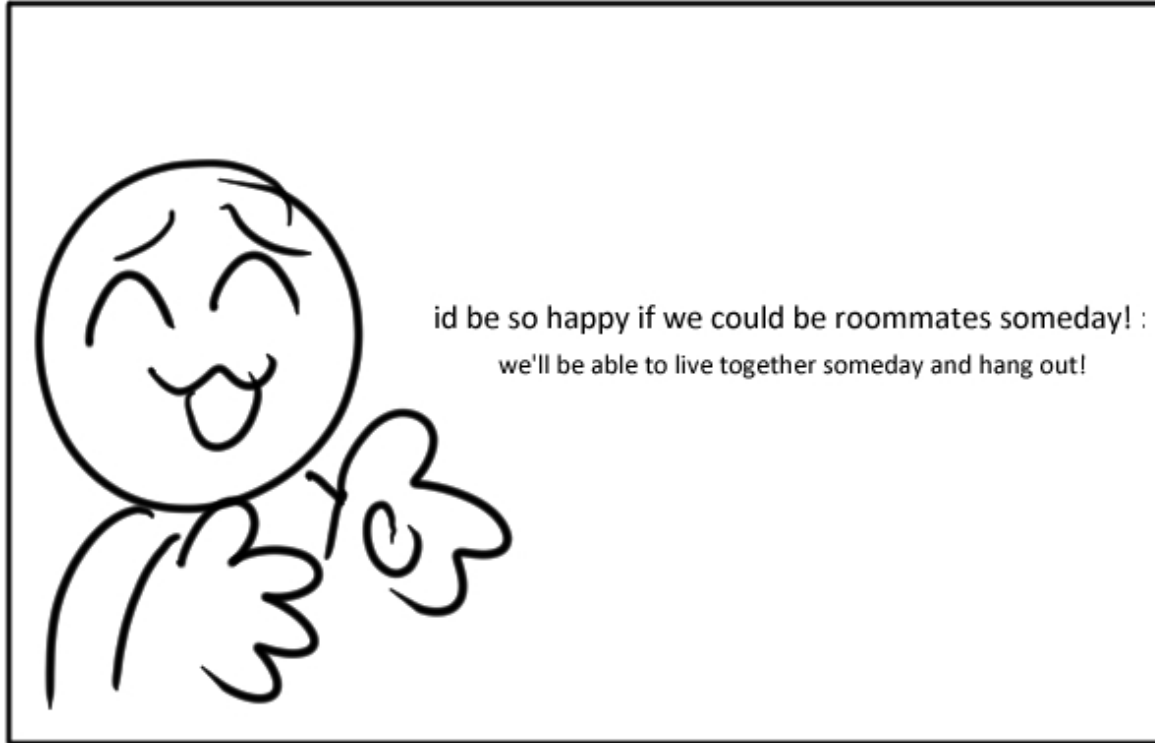
therefore: none of anger

directed toward you is

valid. it is misplaced.

it's her issue with lashing
out and not regulating.

you arent an issue.



everyone is part of a groupchat
& they track your behavior & laugh
at you and will all hurt you if you
don't do what they want







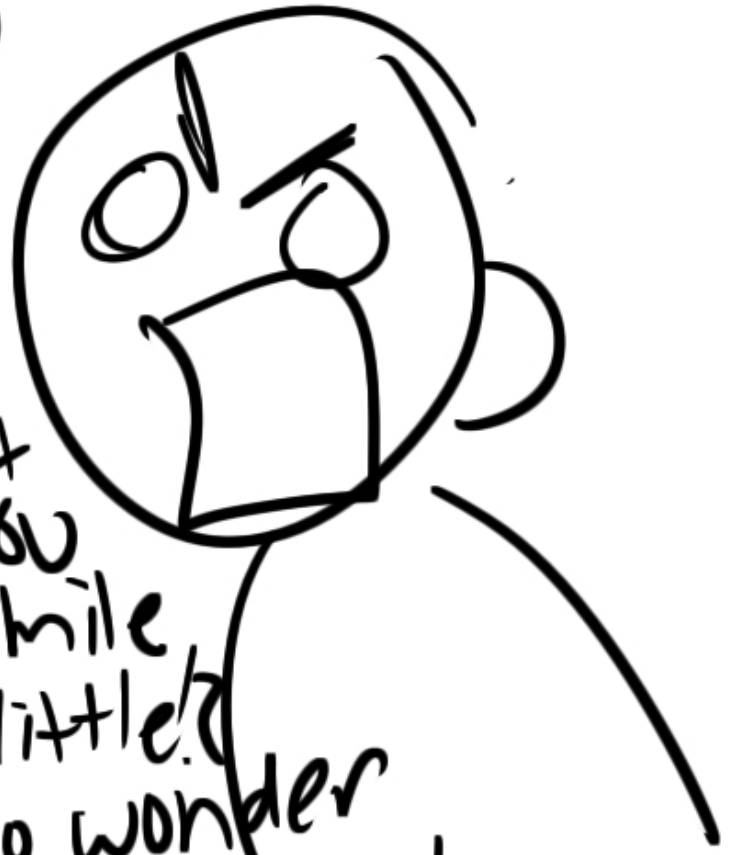
itd be a huge waste of energy for everyone involved.

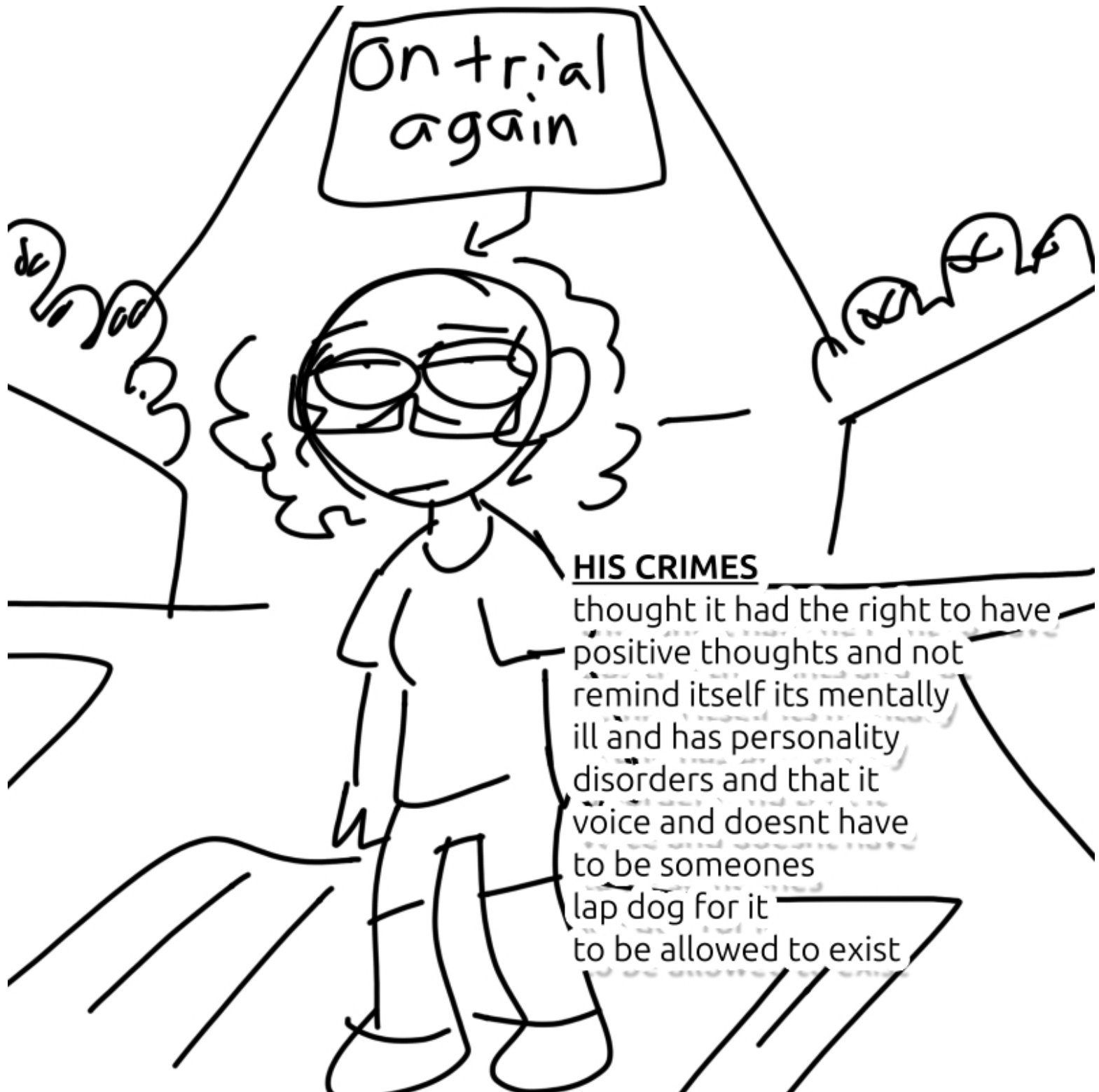
you really need to show
more emotion! how
do you ever expect
to get hired if you
act like this?!

→
has smiled
a lot today.
mom is mad
we aren't smiling
in her presence.



can't
you
smile
a little?
no wonder
why people
don't want
to be around you!





On trial
again

HIS CRIMES

thought it had the right to have positive thoughts and not remind itself its mentally ill and has personality disorders and that it voice and doesnt have to be someones lap dog for it to be allowed to exist



it will always be ok if they do it, but always bad
and improper if i do it

the only condition i am allowed to do it is if
i am paying the price of giving up myself to them

they are able to be without this price
somehow they evade this. or i am still too stupid
to figure out the code of what makes it ok

wait, before you spiral.....

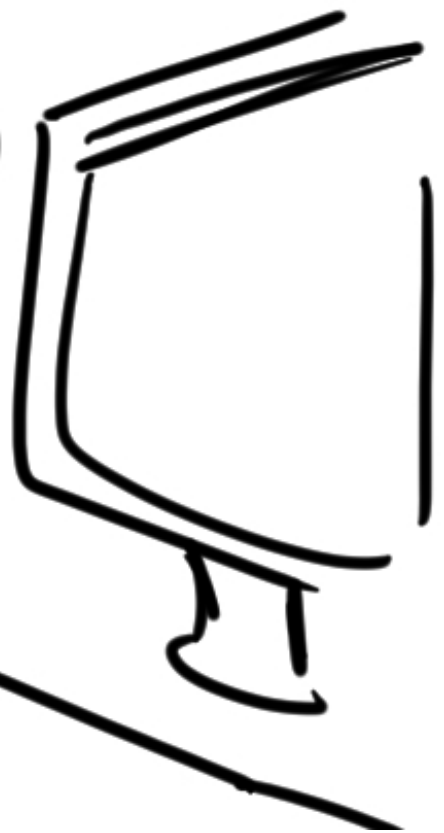
IS this thought

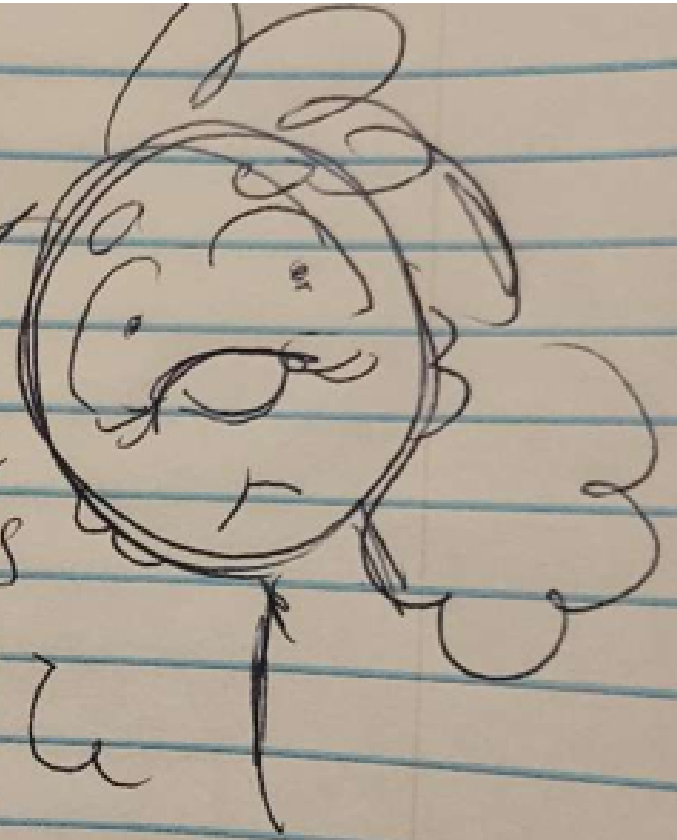
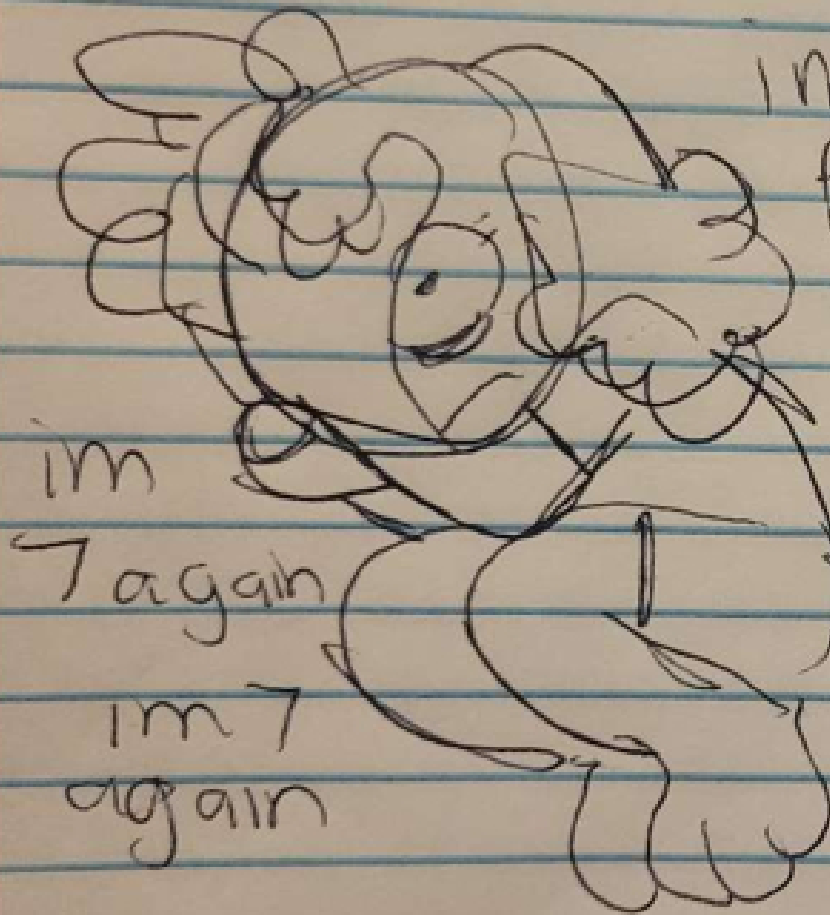
- grounded in reality?
- relevant?
- useful for our healing?
- gives room for grace?



you know X thinks youre being very weird. you just are so weird about everything! i want my rea back, the one that wasnt so cold to be around! the one who liked to be with me and wasnt weird! you wont even look at me! why do you be so weird!

this is still a family unit. we are still family. you cant be acting like this. act normal again!

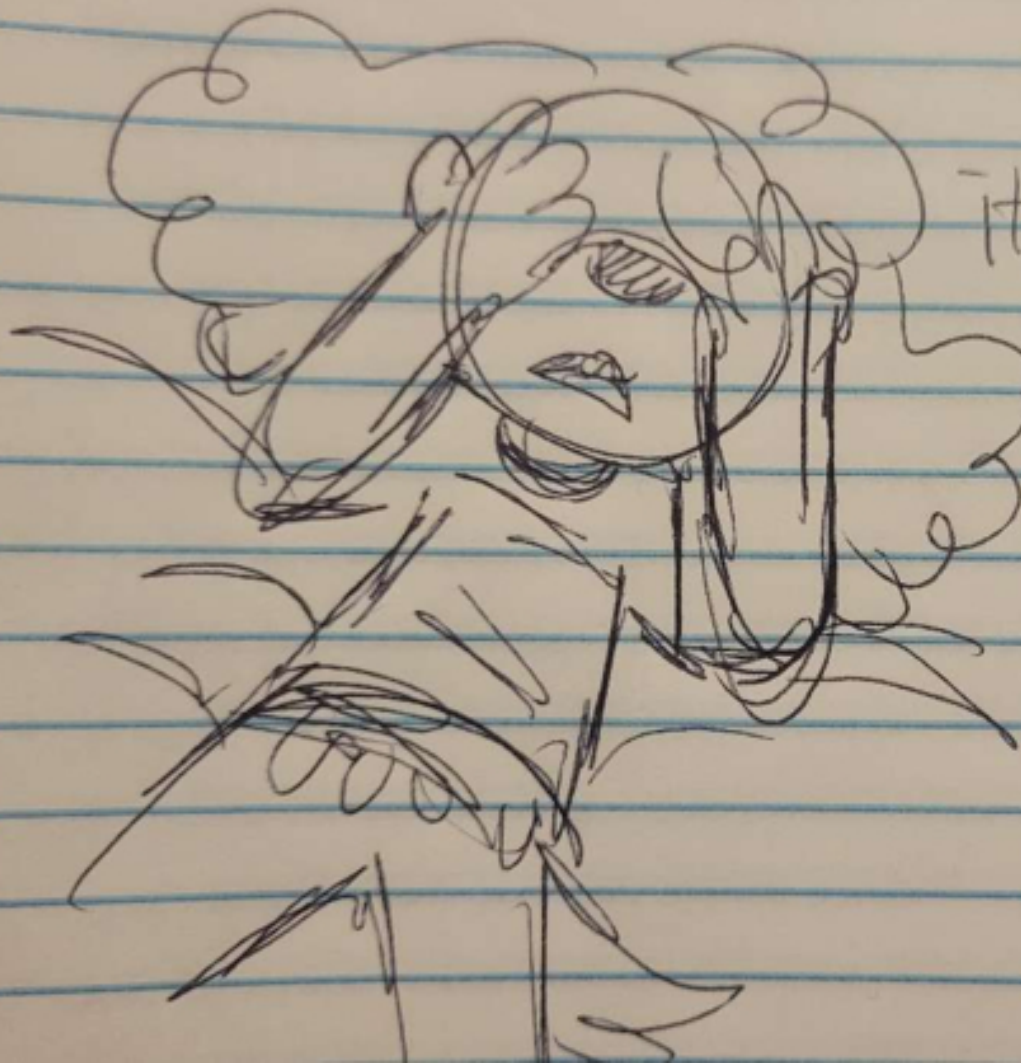




im gonna
fukona
girl
her white
she pees

im
7 again
im 7
again

7-2nd grade good girl



i forgot I
have Breeder
in the way
I win
its just
a damn
game.

be you
is a trap



i will get
famed

when will i
stop this

when
will i stop
caring

bearer of the curse. cuts its wings, sheathes
its claws and pretends its a puppy.

it's a sense of
control to take
your own voice
before others
do it through a
lens of you

i care



N this is
love.



i feel like shit for
being mentally
unwell &
not in the
right way. be-
cause i
am afraid
of people
i am bad
for it & it

means they can hurt me
because im not doing whats
normative. i am a target
unless i do what they want.
i rather be alone.



experiencing what google defined as

LONELINESS

<- stupid fucker laid and cried on a floor sucking its finger

*lucas get out of
headspace you gay bitch*

having le fit



im scared!
im scared!

WAH
PAPA

im scared!



W
W

But nobody came

because no
one is
safe



i have no one

i dont know anyone
who is safe

i am
alone be
no one
is safe





dude.



prox dont

lemme handle dis
:]

abt to molest
ourself 4 comfort



↳ mom doing the exact shit she said she wouldn't do and why i shouldn't be "weird"

maybe mom not so bad... i have 2 be more understanding



why dont you have any self confidence?

Be more ADVENTUROUS

Records....

first drink?
damn I step away from alcoholism

everyone on the road will needs 2 ko or on the road write kill them x5

I can handle myself.

NO you cant. You're special.



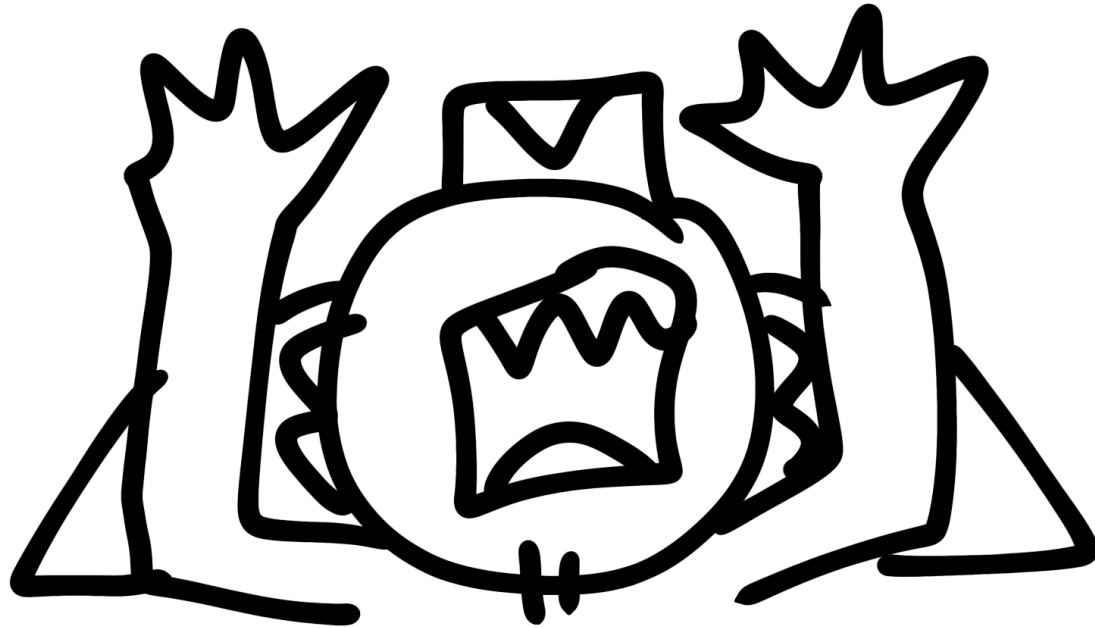
i have 2 helpu

let me help u
you're so young you wont be able to handle it on ur own
theyll chew u up! x)

be more fun already!

dont forget you know nothing and will cause harm

BROOD



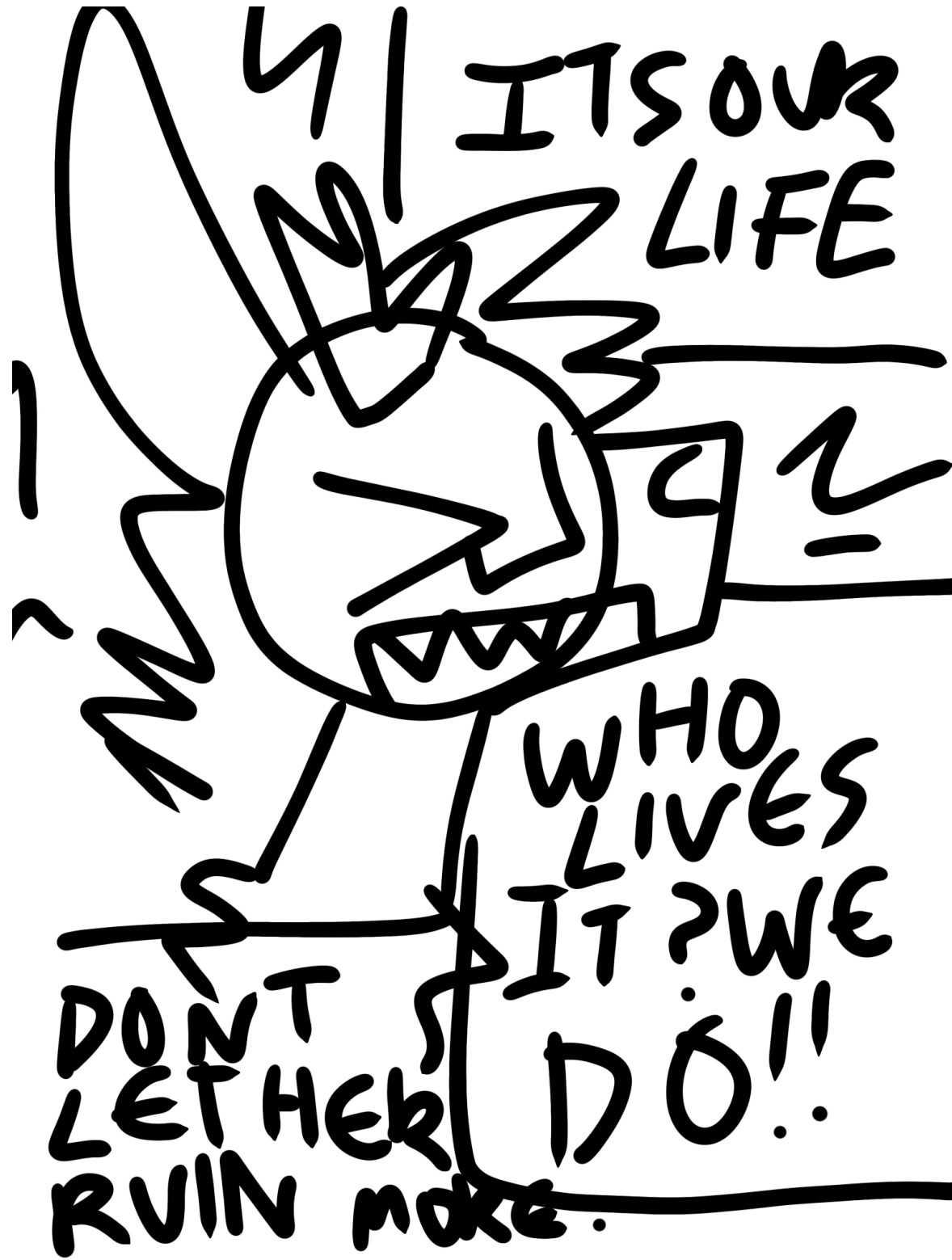
DO IT ANYWAY
DONT LET
HER KILL
YOUR SPIRIT



Be
Free
hoe

Why
be
tamed?

Fuck
dat shi



IT'S OUR
LIFE

WHO
LIVES
IT? WE
DO!!

DON'T
LET HER
RUIN MORE.



We
dont
HAVE
to hide
for safety
FUCK
it.

dont you think itd be good if we did it?
we'd be back how the world wants us. to be
good and the right way. we wont be so sad. we'll
feel happy and ok and safe again.

we wont dissapoint anyone anymore
we wont be like this. itll be ok again

itll be ok to not work right

lucas what time have we
actually been the "happy"
you keep stiving for?

when i could do exactly what
people would want of me and i was useful
and silent and didnt have feelings about
how things bother me and didnt know what
i needed or what makes me go eek

thats why meds were good
i did not feel anything

so...what does
that tell you?

that i should
kill myself unless
i go back
to being
that way

oh for fucks sake



no ones gonna give a fuck for why you're like this now
to everyone its gonna look like we choose to be this way
we choose to allow this happening
we make ourselves miserable
the reasons are irrelevant. they will never be relevant
they will never change the fact today is today
it doesnt matter how much you try to explain why,
it doesnt matter. thats why u have to stop caring
you will never feel "justice" or "right" or "good"



the why doesnt matter. it wont ever matter
no one cares. isnt that freeing? since it doesnt
matter, then we dont have to hold onto it.
and we can do whatever we want and no longer
care. isnt that fun?



its not *fair*



can you please just let it go

**I DID EVERYTHING I WAS
SUPPOSED TO AND NOTHING IS GOOD**



i dont want to cross contaminate anyone
i am not right



is anyone on this planet ever "right"?

objectively or subjectively? morally or
psychologically? you cant even say that the
Bible is that For Sure written handbook because
people arent even in agreement on its interpretation and that changes
when people feel like it should change. people pick and choose

thats just the nature of people. people will be
wrong and bad and improper. people that do it
intentionally or not even realizing it. people that do
acts of evil often believe theyre right. people who do
acts of good often believe theyre wrong. the definition
and criteria changes in every perspective

what we worry of crosscontaimating others with is...not worth the energy
and this worry dismisses the idea that they have their own agency too

there is really no 100% way to know what is the right way to live, other
than to live in the way that feels right and true to you.



you okay now?

sniff
yeah?
somy.
i was
really
in my
head.

its really
silly now...

i'm
ready
to try
again.

its ok

i'm sorry
prox...

its fine.
dumbass.

hene

you're both
doing ok.
we're all
figuring this
out. we're
all learning to
breath and relax.



What
job
interviews
feel like
2 me



are u
ready
to
be my
bitch

pliss



show
dat ass
bitch

ok guys, we have
a part time job.
its time
to lock in.



we'll have
to be a normie
irl but this
is a stepping stone
to freedom.
We can be super cool
& epic at home.

Context: 2 hr before work

dysphonic as fuck

Already ↓
feels
like the
job
is a
prison
due to
the
& ways
of
the
ethics
of
company

you need to use a
happy voice you can't
go to work sounding
like that



let me
help
let me
remind u

you need to
you should
you ought to

in a nutshell: im going to hit
myself multiple times



its so i can
get the
car fixed

for the
car
its for
the car

the car i
will be able
to get the
car fixed and
drive far far
away

bearer of the curse:



worked too fast bc i get bored and anxious and enjoy patterns, made coworkers annoyed now i worry abt which ways they will punish me for how i function

- makes new coworkers annoyed and upset by already grasping the basics of the job that it took a while for others to figure out
 - the truth is i am so fucking anxious and dont want to be told im not moving fast enough or be told im lazy.
 - reality: its pissing people off ????
- WHY DOES IT ALWAYS HAPPEN
- i literally am just following directions im given. why does this upset people. am i supposed to not do my job. why does it not make people relieved to know the new coworker wont drag them down. what thje fuck is the balance. why are people like this. why does this happen.

it would be EPIC to get a job where i am just allowed to put things away where theyre supposed to go at the fast speed i like to do it bc it makes my brain excited and it not piss off people ????? given i am able to do this with NO issue with high accuracy compared to shit regarding customer interaction! Pleaseee God let me be given a list of tasks and i can just Work through them!!! AND IT BE OK

now that i got a
'job, i can finally
experience emotions
without guilt



i just feel worse
i now have another
set of things to feel
bad about



i guess i
will master my
"i don't care skills"

i literally feel work
if i think at all



i can't think or
i cry

"one must imagine
rea as happy"

or just ven
stupid

bad humor

Why is
it doing
that?



does not
hold shit
it all
falls out
and crushes
me comically

perhaps it's
needing 2 be sedated

Ye ol' "he / him" King

- lost weight from lack of food & illness
- the most bitch body you'd see
- WHY AM I GIRL!



- literally why am i built like this
- i wish i had a penis
god why did you take my penis



id be ok
w this body
if i atleast
was on T,
im just so

GIRL. ROUND
SOFT. UGH.

and because i get
mistaken for a teenager,
and i got childish interest, its
just torture to present as a
girl. Its painful. my big
body makes us feel like
so visible and easy to
chew up. people tell me this!

this body feels like
a magnet to everything
i hate. my instability
& fawning only makes it
worse. i am not what
i currently look like. i hate
being handed expectations
and fulfilling them.

you need
to be a
very good
smart girl.
or they'll think
you're nasty
and bad.

you're
black.
you need
to be good



skit

me
5 at

the longer i live in this
body fulfilling shitty beliefs
the more it

hurts. its

all been
so stupid.

i hate i
was trained
so well.

i hate i
cant break
out of it
fast enough.

knows



X

does as
it knows



override

5%
success



the holy internet



*"you're a bad person if you hate yourself because it means
you hate your friends who have traits like u do"*



bro tried to use the internet and read things
that feed into the "i must quarantine myself or
injure myself and keep myself far away until i am
clean and fixed and proper so
i dont infect others and make them make bad descions
or feel bad about themselves"
belief



scary...!

they're rich entitled fuckhead. fuck em. w/e

blah blah >:c



i'm crazy

insane

mental
asylum

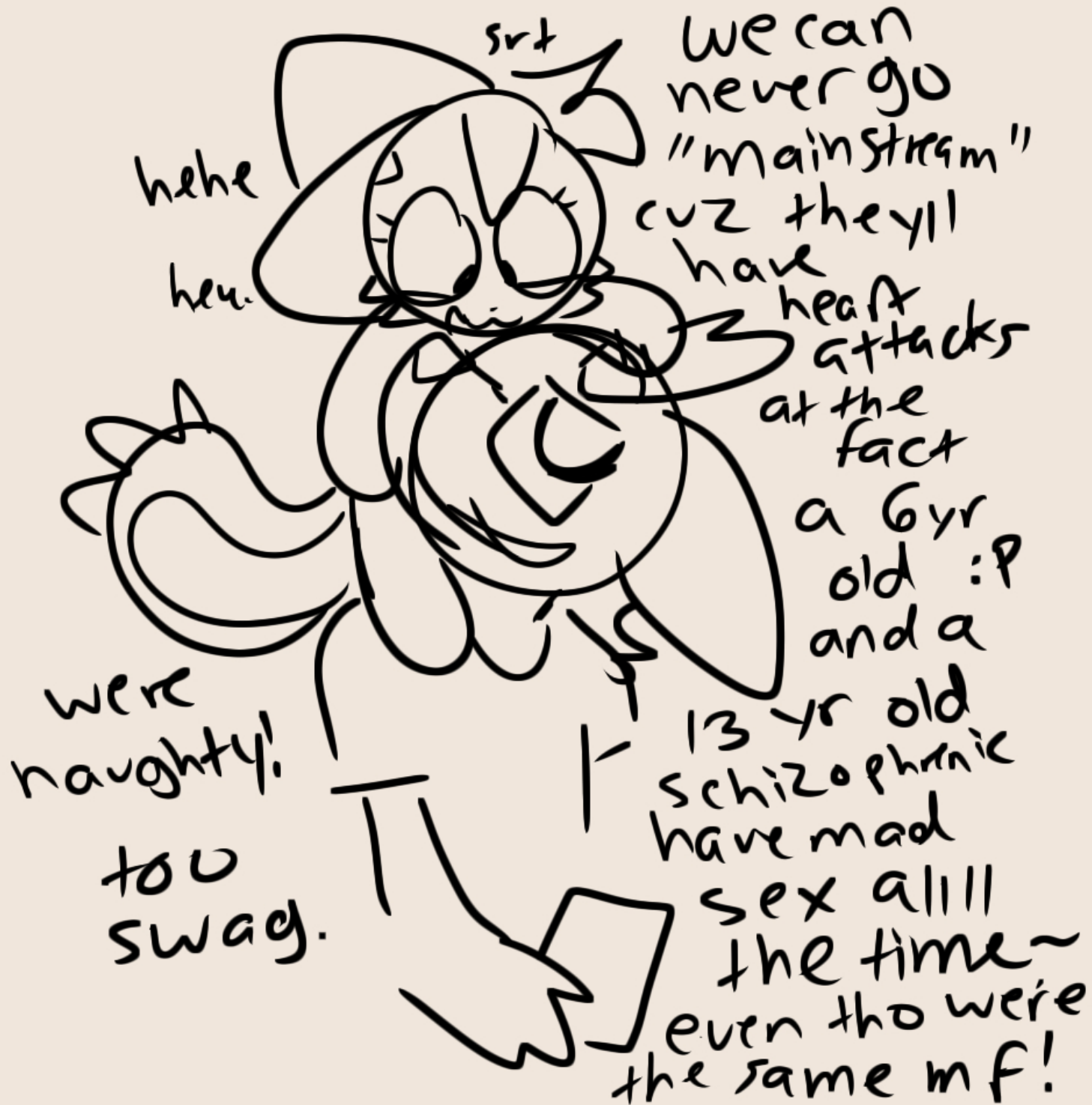
↑
meme
reference

Eeee

(why is he
freaking out?) it's been
like 10+
years.

he has a
crush on

we got
her today
& she hasn't
texted us
yet



hehe

hee

srt

We can never go "mainstream" cuz theyll have heart attacks at the fact

a 6yr old :P and a

13 yr old schizophrenic have had sex all the time~ even tho were the same mf!

were naughty!

too swag.

surely
the
bitch
pills

are
helping
my
PMDP



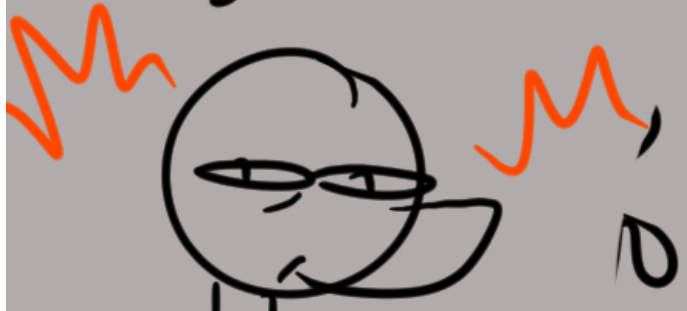
ovulate
time

but eat

im going
to actually
kill myself



medication
so awesome



meds! am i
right

when will
they make
pill that
makes u not
how can i just
not

Spent 4+ hrs mad
at self for being
mentally ill & having
personality disorders
and being
multiple
people @ once



why am i doing this?



whats wrong
w/ me?
why am i
so sad
and dumb?

baby, its our
luteal phase.
it happens every
month.



★ socially interacted
w friend ★



w Ooah i did it!!



im not a lost cause!
i can human!



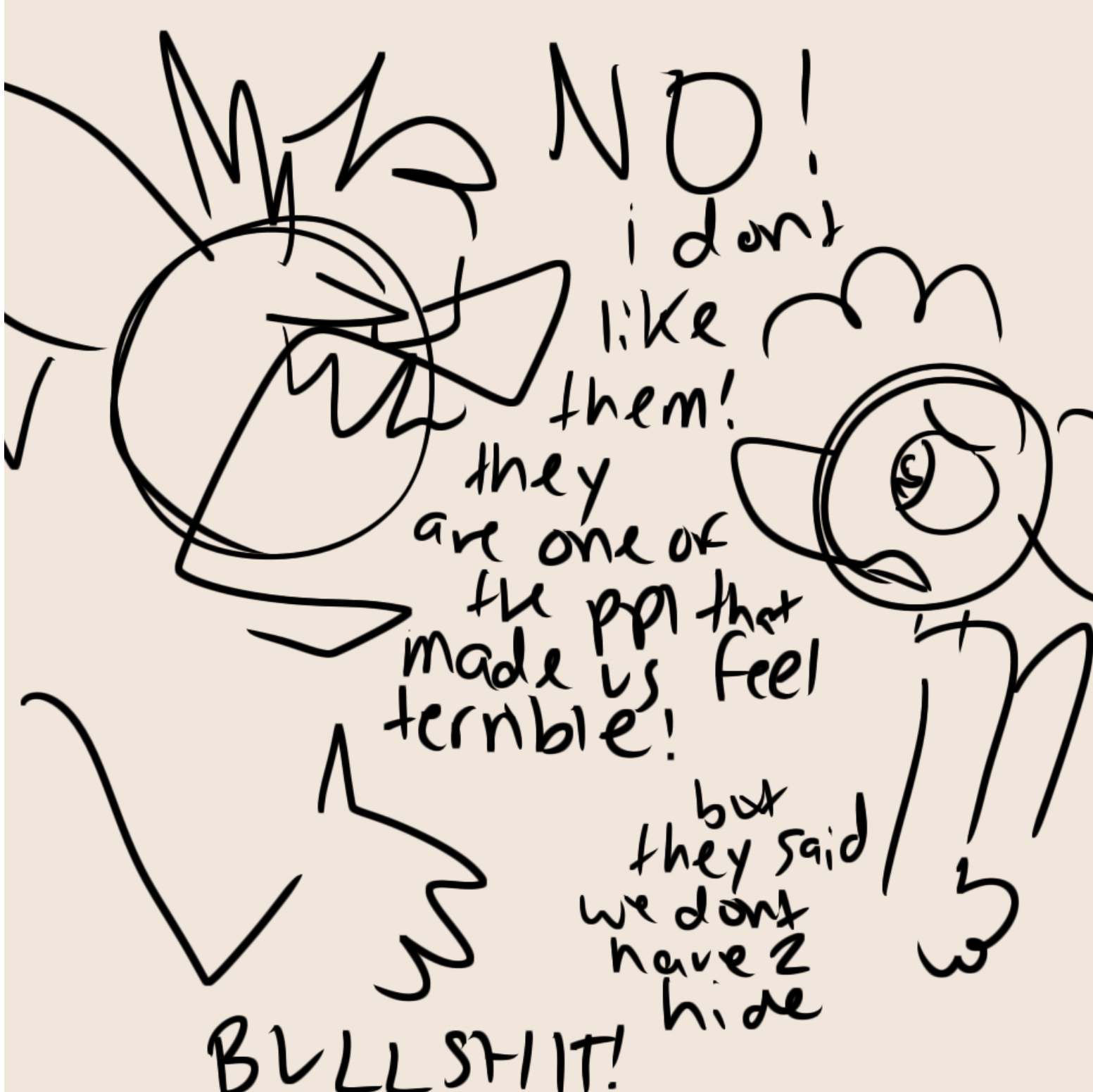
DONT PULL
THE SAME
SHIT AGAIN





our friend
wants to
see our
art

they know
about the baby fur
sooo it should be ok
to share, right?



NO!

i don't
like
them!

they
are one of
the ppl that
made us feel
terrible!

but
they said
we don't
have 2
hide

BULLSHIT!



im not
going back
to being
hidden or
spoken for
by you

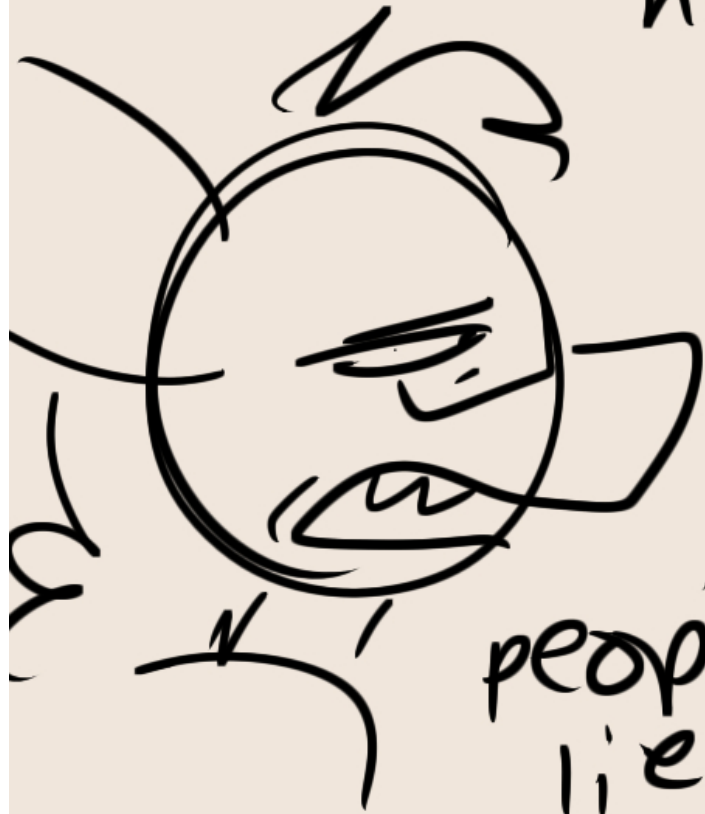
i dont want
to be friends w
people that talk
smack the way they do.



you're going
to hide us
and pretend to
be us

you won't
stand
up for
us.

well she said shes
okay if we aren't
normal.



people
lie,
y/ know
you even
lie.



but she
said shed...
be ok...
with us.

Wife. have fun being
a dumbass
& getting made
fun of.



you keep sticking
around people who make yu
shrink v.s. its fucking
stupid

if you or bee delete any
of our shit to be "normal"
im gonna kick your
ass



dont even bring me up if
you go that route.
we're too old for this shit

- job sent my check as a mail one instead of the FUCKING DIRECT Deposit now my fucking mom will track it
- the fucking transit funds i had had to be used to replace any stupid fucking food i ate
- now i cant fucking afford uber and have to take car ride from her



i dont belong
anywhere.

everyone can
point and say
im bad

and
ill never
be good at
who i am

how
can you
be bad
at it?

oh yeah...

im not sure?

oh...



i am still me



i dont have
to fulfill
an image
to
prove who
i am

surely mom wont
be annoying and
keep me from
getting my
first check



of course



mg youre drawing a hate symbol on
ongur drawing a hate symbol -
this is a drawing of a hate symbol
you dont something bad draw the
withal you will somehow

drawing something
abstract



bruh
stfvuu

When @
front during
work ↓



I'M PISSING
EVERYONE
OFF

I SHOULD
BE HELPFUL

I HAVE TO PROVE
I'M COMPETENT

I WILL SHOW
I'M GOOD

Sooo
anxious
it's
unreal

When @ front
during
work



bro these
ppl are goofers

ugh...

2 more
hours and
then i can eat
& get high...

i wish i was
drawing dude

only until
January... whew

its not that
seribus. this is
just a stepping
stone 4 something better.

schedule

all clopens



its normal

why

How to succeed in work environments if you are on front end

(or worse,
any job)

- talk shit about coworkers. ITS required or ur enemy
- be a passive aggressive
- dont be too friendly
- dont be too offstandish
- dont be ok with the workload
- dont be annoyed with the workload
- dont be friendly to the wrong people
(we wont say who tho)

* cooking *

you're doing fine



uuh

uuh

uuh

they front together since

Al coaches him thru the hallucinations

my motor skills feel so
fucking off



Who
else
is in
front?



burned self twice



- rapid switching
like hell

thats a literal
infant



... is
that
part
of
you?

i dont
fuckin
know!

is it ree?

ree doesnt
get that
little.

ree?



dat's not me hehe
it's a new baby!

~~i call her~~

she
can
drive!



that thing can not drive
is she yours???

nope
w^w

who is she from tho...

i dunno. shes
rly little :s

yeah. &
dangerously
if she fronts.

I'll keep her.

sukku
su

take her
to Ar 1
for now

o kaddy...
but can she play
w/ me and lucas?



after host takes
notes & Ar1
watches her
a bit

YAYYY



that mf spawned
from me bruhh
ohhmygawd

Can't remember who gave
us new forehead injury



was it
accidental
or during
episode????

it might
have
happened

@ work

I don't
remember

it hurt

scratch it

no



I HAVE NO WRITTEN DESTINY
IM FREE I HAVE FREE WILL
BITCH!! I CAN PAVE THE LIFE I WANT!!!!!!;



being an
intense
femmedom

somehin'...

hey Ari, whatcha
thinking about



just got off work, finally bought myself food to eat that she cant tell me i cant eat bc im using my own money



NO ONE HELPS ME PAY ANYTHING THAT I DECIDED TO PAY FOR EVEN THOUGH I NEVER USE IT AND FORGOT I EVEN BOUGHT IT OUT OF IMPULSE

*she will not allow me to help pay for stuff without getting really fucking dumb and weird abt it anyways.



i can literally offer and she will have a mental breakdown

why is this hoe so threatened by me making money and able to handle myself. same bitch that reminds me she will die and i will be nothing without her

this happens everytime ida. also she said shes fighting w her boyfriend again so we're a target of her insecurity rn



being hurt is part
of being alive

we have more
opportunity and
choice in the type
of hurt we allow
though



itll happen but

it doesn't have to
be the hurt you
dread

it could be hurt
thats worth it.
stuff you fight for.
stuff you decided
to hurt for.

we have choice,
ari

we dont have to be bound to fate like
we're made to believe we should



you do not have
to look at life the
way mom tries to
get us to see it
as.

you have to
remember she
also has choices.
and they are not
yours to make or
carry.

we cannot save mom if she
makes these choices.
they are hers to make

and we have our own to make
too

Its 7AM &
i work @ 1pm

having "work
flashbacks"
& still commuted
is @ work

← Seeing coworkers
angry or annoyed
faces

↑ had nightmare
of getting
assaulted by
coworker

↑ Increasing wish
to have pushiz w/ me
at work to help me feel
safer

i dont
want 2
go
back
bvt i need
money



phone interview



of course!
thank
you!

yes!
byebye

bye!





did i
do
ok

.....

i ... i fucked
it up didnt
i ... ?

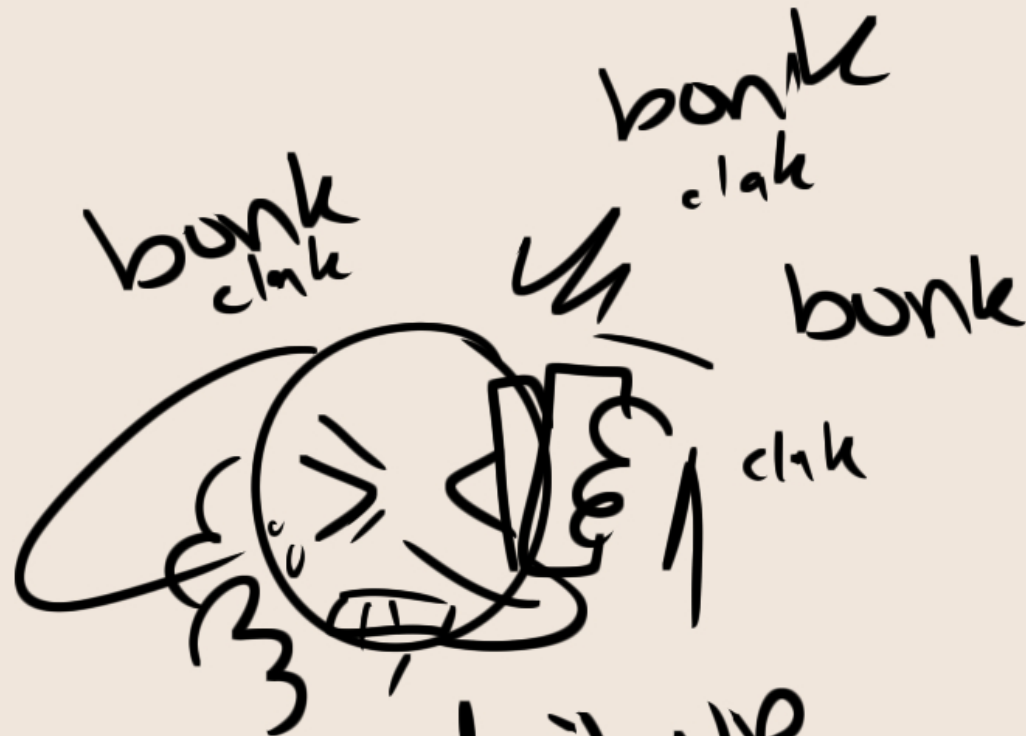
*c like v





mmm

chill out
you
did f.



1 Fucked it up
by talking STUPID

& ok only 8 hrs
then we will
be home again



its for our
future ^w^

it'll pay
off



i want to Express myself...
but... i dont want the demand
avoidance ~~to~~ ~~write~~ in.



you're back onboard?

yeah, but it's
just my disengagement
if it's
wanted

i want
to be sexual, loudly.
but it's such a drag
having a bellie freak
out if i do.

yeah.
it's a lot
to juggle
but we can
overcome it.
ida & co did. you
can do it too

im genuely worried
about doing it since well...
bc youre a dom?





its hard
to shake
off
addictive
when doing
anything.

shes such
a hardy protector.

Yeah 



i could be more
active to help out
keeping everyone
in check



that'd be
nice.



im too much
of a softie
to tell the
littles no.

i just

i hate my job



its the same
shit that
happened at the
last one that
made me leave

Rofl

don't forget
we are free
and do have control

don't forget
you do look
life & you

don't forget
what really
matters
to you

there is no valid
punisher. there is
no right way.

i can't
let myself
get knocked
down





i do love myself
i still love people

its so much
easier to do
when i
remember
i have choice
in life &

what happens
to me isnt cosmic
punishment for not
fawning or being compliant

i'm ok
i'm not doomed
life isnt bound
to be this way
i can change it



i have to
have time to
sit & think
& realize
whats
happening.

there is no
"right way"

i am not
doomed
★



i actually
can change
things



there is
no real
"punisher"

full of sweet potatoes



full of so much regret

you look soo good
how did you
lose so
much
weight?

got
sick?

a
oh!

is so
dysphoric
bc i cant
hide being
a girl



the past 3 days



where
twila

in belief it
will pass away



this is
good
things
but it
feels like
im moving
further from
my real
choice)

its a weird feeling
i have to make myself like it



i dont
know what
i want except
surviving
most of the
time.

i want more
than to survive
but i dont want
much

i want to make myself
think positive
it is temporary ...?

to trying
to convince
doing myself that
means i can "right"
what i can be & do
to be and choose do
the side. on

please



did the interview →

dunno how 2 feel.

getting high
 high

i won't ruminatate but

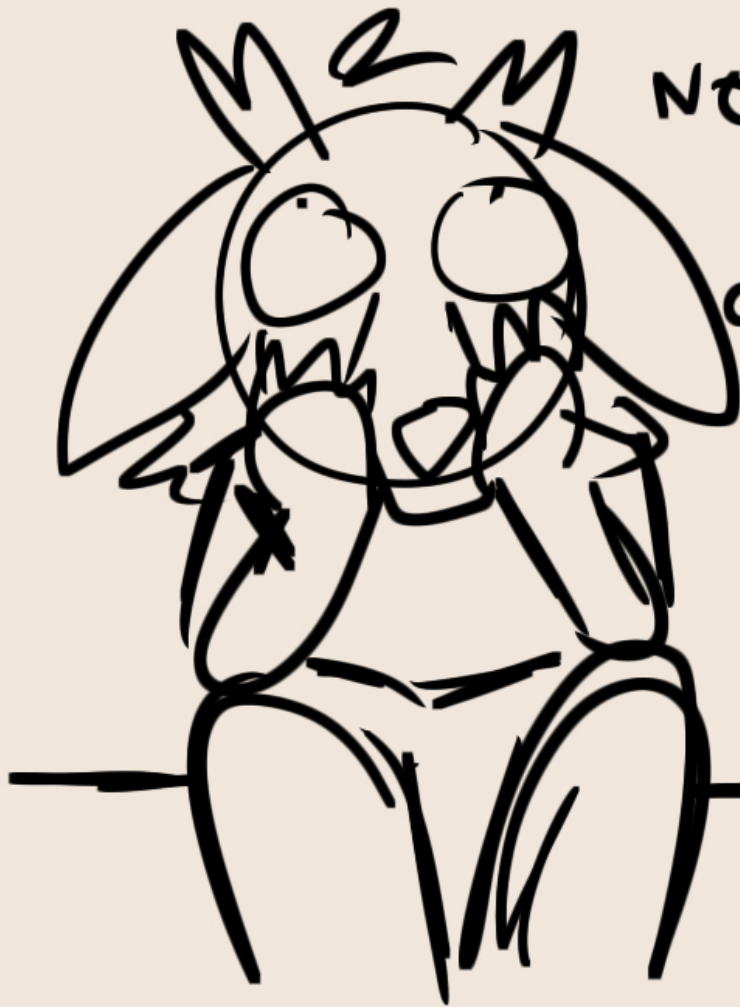
i need to be more confident.

like fuck

FUCK



it feels like in the
world, enough confidence
will secure you anything



Nothing else secures
more than being
able to feel
sure & proud.

ugh.

ugh.

fuuck

i did used to have
confidence. even as
a timid & sensitive kid

i stayed
real &
that was
what
made me
confident.



i did it
without
any
worry.

i wasn't
in belief I
needed to hide
it for safety.



its shit you
learn with time
to do

for different reasons



doesn't help if it took a
while before you finally broke

you guys
arent held
down by
it.

its cool.



it makes me
sad.



sad
that
we
arent
you
all the
time.

but
glad you
feel safe
& dont change



but with a few points, it
did let me not fear being
loud and real, and
that was so important
as its where I could say
I probably had some confidence,
even if it was unspoken.

once i learn to feel safe
and stop worrying about
what punishment ill receive
for existing w/o
getting approval



Im sure itll
be fine

i really have to just let
the belief that
its necessary for basic
necessities go. i can be me.

wants to make something amazing and live off art and spread the joy of art in the way we did since we were a teenager

worries we're missing the mark on meaning to be a animator, comic maker or shop owner like we thought we'd be



wants peace and happiness in the freedom that is being unknown. justs want to relish is opportunity to exist however we want without having to hide things does not want to make anything grand. justs want to finally say im free



free = we can play toys and wear diape and dress up and rj



The brown
is missing
get good

Why
cant you
put things
back!!

dumb
bitch
is who put
it in wrong
place



hierarchy
just
got
off
work
worst
shift
Ever ♡







Finally/
shut
up



go outside
to air



its
like
GOLF

NO
socks
or
shoes



its happening
more and
more.





Why would you fold it like this!

Who ever does this!

ugh!

Snake



it's hard
for them to
you to
fold
if that
makes
you
more
comfort-
able





cannot
hide the
incoming
blow up

have a GREAT
day!

HELLO HOW
ARE
YOU
TODAY





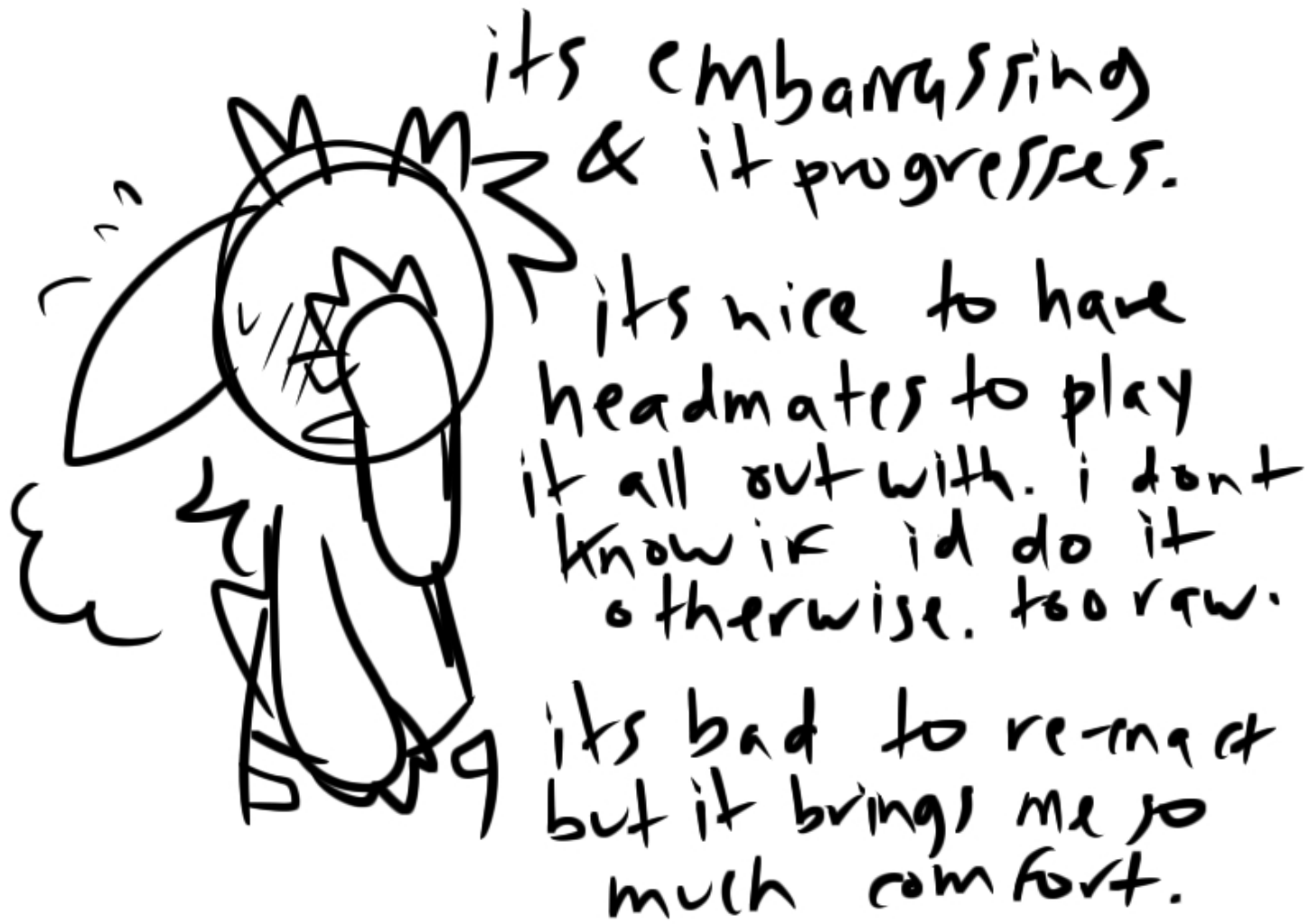
i hate when i start
craving warmth
& love & shit

the want for a CG

the slow shrink to when
im not so focused & i just
want to play toys w/ someone



im cold. i want
to be padded
& watch cartoons
& have my head
pat & tickled.
rock me back &
forth. touch me.
there...



prox is a
baby tooo



hehe

do it
bitch



Shut up
before
i fuck
your
organs
out.

...bet.



i love getting
this award by
people whos
vibes i just
dont fw it

boring ass
nigga award

not fun to
talk to

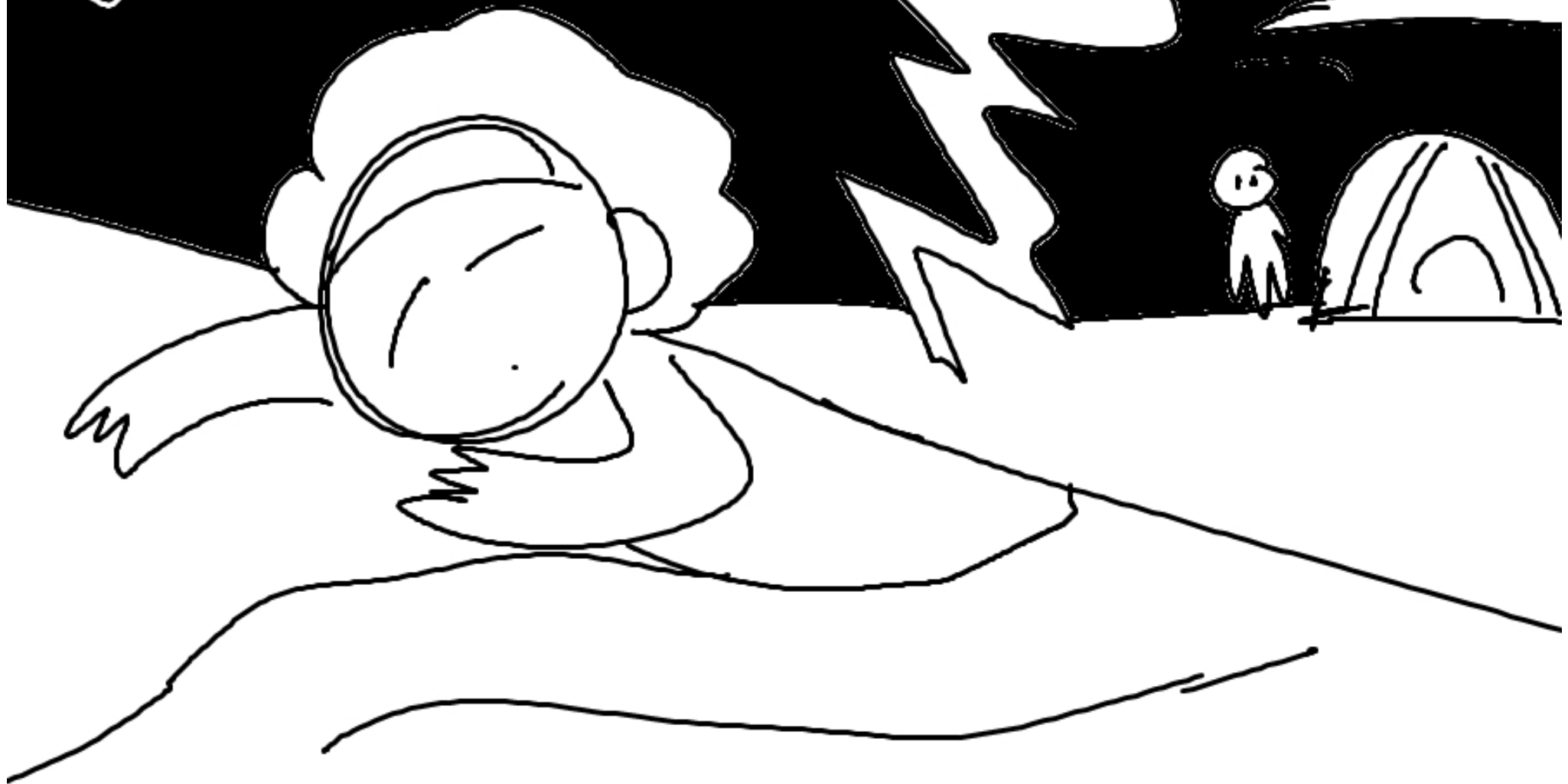


im starting to feel
alot more at peace with
myself & with life occurences

the belief i need to always
adjust and believe i need
fundamental repair is going away
im learning to be content with
knowing i may never be the exact
image of what is hoped of me

it is really nice to realize
its okay to be alive
and to do what makes me smile
and realize the authority
i gave many is not real

CRACK BOOM







in pain



?

do not look
up SHIT jls
dont look into
it



i dont think
the edibles are
helping with the
confusion

ngl i think
lucas gave us
some kind of
brain damage
when he rammed
into the wall
head first
multi times

prob not

i can feel my
cells
performing
mitosis dude

can i
experience
metaphysical
horrors as a
treat

being alive is
weird as fuck





SOON NO
MORE
FUCKING
RETAIL!
!!!

heres to hoping
we dont get
bullied for not
being able to
mask enough for
judgmental
extroverted mfs
when i just
wanna go to
work and do my
silly tasks
like a single
player video
game!

You got to feel happy
& be functional the
RIGHT way. No other way
is okay. You have to get
the okay. You have to hear
that you did good. You want-

this is
so stupid.
idont even
have a
praise
kink.



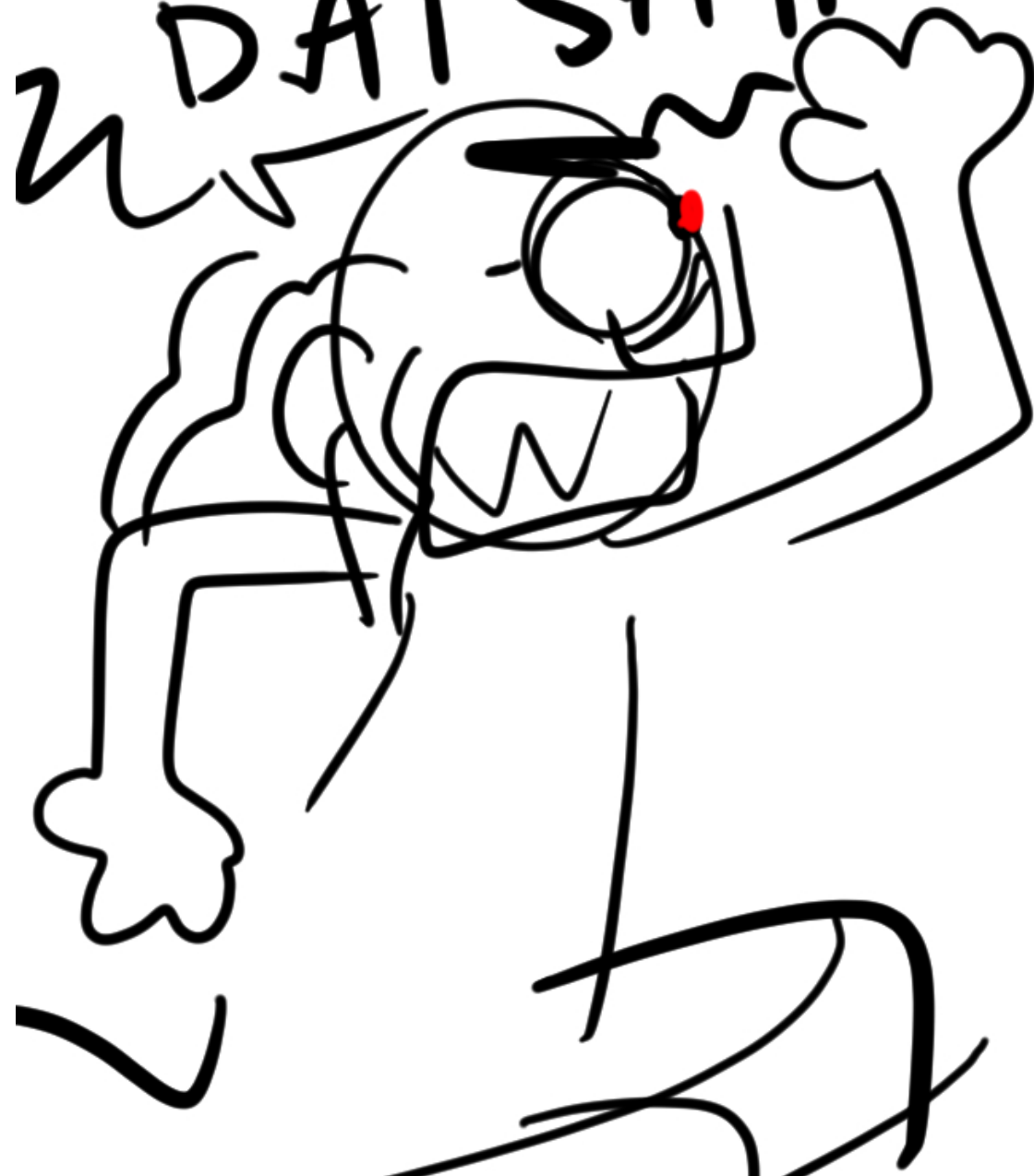
wants to do so
much!

So many
ideas!!
not enough
energy



also im so
hurry sick its
making it hard
to do anything

GIMME
Z DAT SHIT



God
or wle

some sort of
life stability and
consistency. the
ability to say and
do something w
certainty





porcelain-dollbones

Follow



you spend as much time as possible taking a desire and slowly pushing it down and giving it as little air as possible, until it shrinks down, until it occupies the smallest space possible. you learn to be okay with never satisfying it, with letting it be a small and private fantasy in the far corners of your mind. you convince yourself you can't have it, and maybe shouldn't want it anyway, and let it slowly waste away. but you haven't allowed it to die. you can't.

and then u get the smallest taste of what its like. youre reminded of how it feels. like a taste of honey after convincing yourself you can live on water. and all of a sudden, all the feelings are back. you can't live without it. your heart is prised open so easily after all the work you did to shutter it, and it hurts, wretchedly, pathetically. and at once, you want more, but resent the taste as well. resent it for not letting you forget.





OK

YOU'RE SO SERIOUS

you move so quietly

... <-<

how am I supposed to act otherwise if everyone will comment on it

U ATE ALL THE MEAT AND EVEN THOUGH U GAVE ME MULTIPLE HEADS UP AND ALREADY EXPRESSED U ATE ALL OFF THE LUNCH MEAT, I AM YELLING AT U FOR EATING IT AND NOT SPONTANEOUSLY MAKING A NEW ONE APPEAR!!!! RARRRGHHH!

5:30AM

WHERE IS THE MEAT!!! MAKE IT APPEAR AGAIN



i will buy more meat, mhm. i will replace it ♥ it will be replaced!



literally just got up n this bitch had me looking & touching her feet saying they were numb

so-fucking mad
turned into a cartoon



head space

oooh my gaud its not even GAM



do you think we could bond w dad over wanting to knock her ass out?

i lowkey understand now lol



PROXY NO

hits self out of frustration that he made someone upset and couldnt fix the thing fast enough so they dont yell and scream and take stuff from them since they couldnt fix it. hates self for failing and being bad and useless and punchable



hits self so he doesnt hit others and cant find anything else fast enough to start beating the shit out of to release the demons



i would not pass the psych evaluations challenge, chat



i hope this lessens when im not in shitty places anymore

ovulation → luteal

Oh chat
we are
so
fucked!



↑
already
Feeling
very.

... not
well



we have 2 work...
.... i dont wanna

UUUGH

FUCK MAN
WE GOT TOO MUCH
SHIT TO DO TO BE
TWEAKING OUUGH
THIS BITCH ASS BODY

Stupid ass
tablet wont
fuckin' work

wee no
pen pressure

crimah
a just
day away!



i dont
deserve
happiness.



i am the omelas
child



one of my strange distressing "beliefs"

- i am not allowed to do any behavior that others do if they are shown to be more socially acceptable and able to socialize than me. if i cannot socialize properly, then i am not allowed to present myself in said way or i will injure others by giving false hope and idea that i am functional and social the way otheers shown they can be. that i am a very low quality version to interact with in a world of more proper people

ie. i am feeling like im not allowed to use typing quirks or talk silly (xD :3 o_o type stuff) because i am not friendly enough to be allowed to do so. i am forbidden to be silly since i am not always silly

i know this shits dumb as hell. i know its part of my disorder its annoying AF because i start having panic attacks thinking im like a malware or something mimicking others (even if its a behavior, thought or presentation

ive exhibted far before ever knowing of said people). sometimes in belief that im like a clone?? or something

like the whole idea behind it is that i am specifically excluded from doing anything others do because i am not doing it right and i cause distress by doing so because i do not socialize properly.

personality disorders is really cool! so awesome am i right



immune to ai
because of how
in its head it
is all the time

also i dont
have to worry
about being
tracked by
headmates bc we
look out for
eachother

ai could never
replicate the
joy and comfort
i experience as
a system
because i can
actually have
mad sex with
headmates and
we can imagine
entire amvs
without having
to type shit

question for higher being: why i get a reproductive system when i have no interest bringing another living being on this planet. i have no need for this shit if it makes me go beserk. and i do not trust myself ever having a kid because itll have the same curse as me

if i ever get preggers im yeeting that mf so fucking fast. if i EVER have a baby, it was not me. i got possessed

blah blah blah its important because it means id be safe blah even tho i know Damn well even when i had the "safety", i was still feeling unsafe and was not exactly happy! but just doing it because i was in full belief there was NO other Options! when i see clearly other options that i do actually enjoy!

WHY AM I FEELING GUILTY FOR WHATS WORKING FOR ME

ITS NOT BAD!

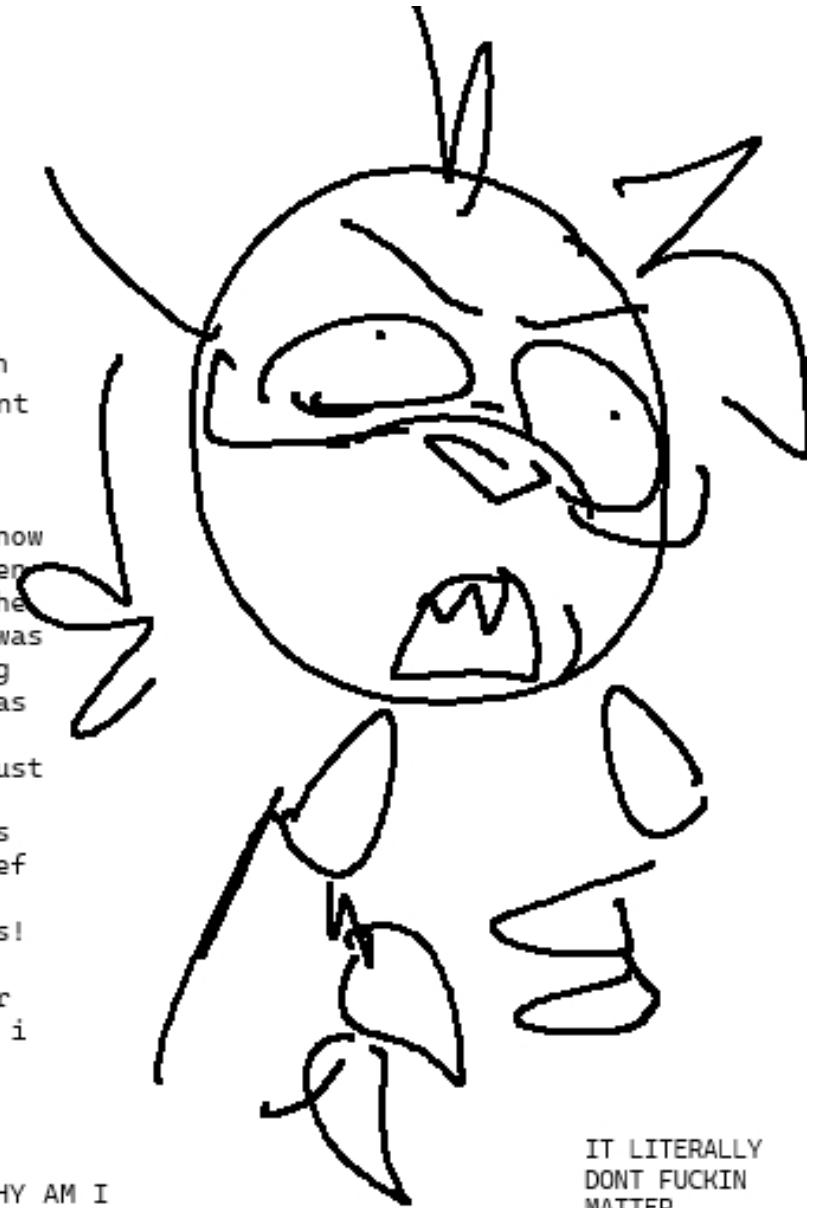
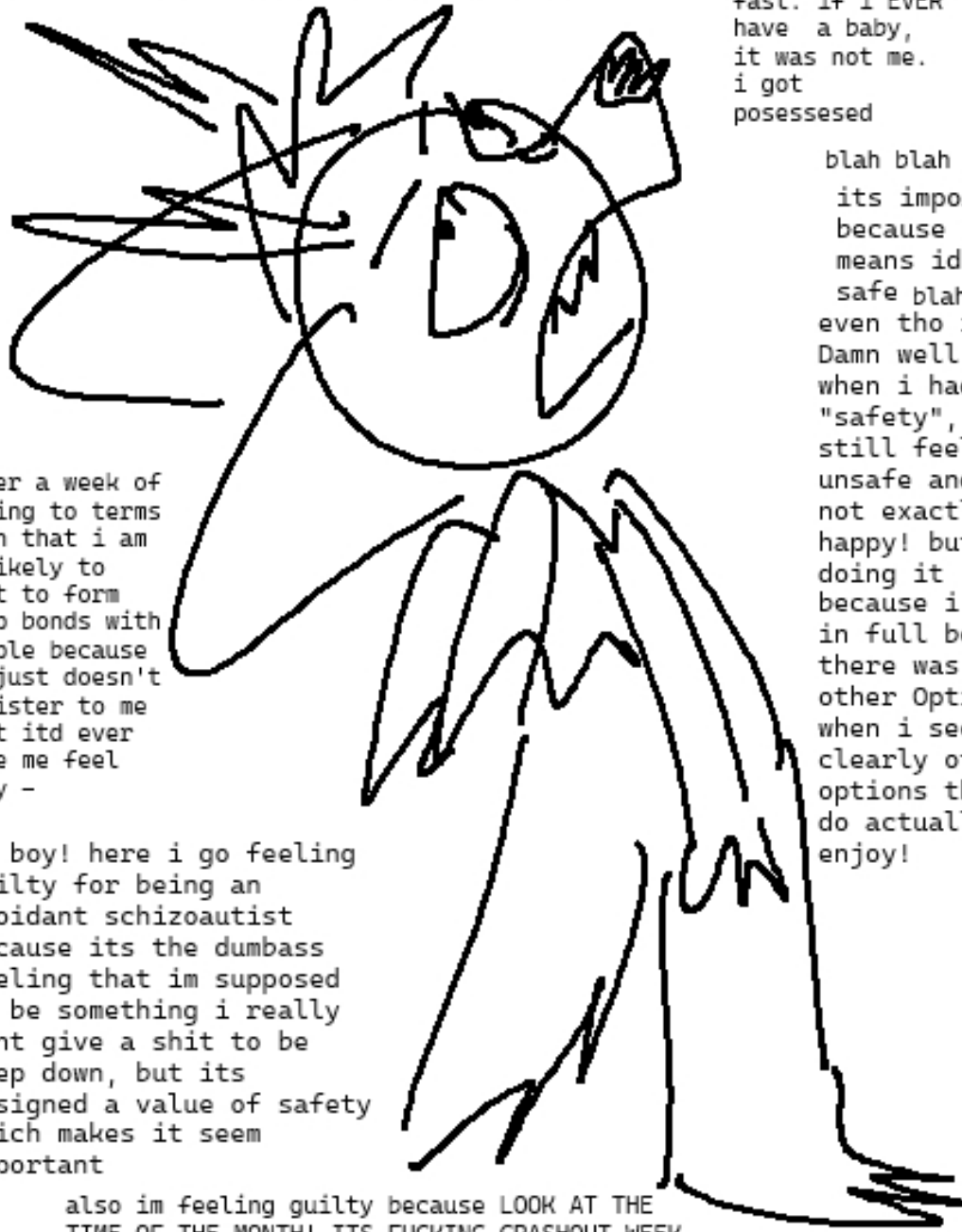
IT LITERALLY DONT FUCKIN MATTER

CAN I NOT THINK THERE IS COSMIC PUNISHMENT BECAUSE IM NOT ANXIOUS OR CONVINCED I HAVE TO DO THE THING I DONT WANNA

after a week of coming to terms with that i am unlikely to want to form deep bonds with people because it just doesn't register to me that itd ever make me feel okay -

oh boy! here i go feeling guilty for being an avoidant schizoautist because its the dumbass feeling that im supposed to be something i really dont give a shit to be deep down, but its assigned a value of safety which makes it seem important

also im feeling guilty because LOOK AT THE TIME OF THE MONTH! ITS FUCKING CRASHOUT WEEK BITCH!



genuinely annoyed w his thinking because he knows its non-issues being framed by our illness, but we still end up flash-backing super fucking hard

ok but this is precisely things i realize is not very important to me or how i want to navigate life.
im ok being defective and broken and the bad version which is made up

its no ones job to accept me or even know i exist. this is ok.



you're bad because you're supposed to feel wrong

you're supposed to be that way

you aren't right

you are not supposed to be content

you are broken this is the sign you're broken

you need to fix it

no matter what u do u will never fix the fact you're broken

you will always be ridiculed no matter what

they will always reject you

you shouldn't do anything similar because you will always be seen as the low quality defective version that will be punished and ridiculed for having audacity

how does it feel to always be the defective version of what you ever could be

you don't do it right

you have no rights



the quest for
treatment is
hard because i
fear being
treated or made
to perform a
life i dont
want, for an
image of health

all i want is
my nerves to be
less reactive
to stressful
situations.
theyre always
freaking out

i dont want
what makes me
fundamentally
me to be a
focus of
treatment,
which tends to
have a goal of
living a
neurotypical's
quality of life



my treatment goals are simply

- find ways to relax my sensitive nervous system (regulation)
- build confidence & esteem
 - will help decrease anxiety
 - less anxiety → less reactivity to stressors

i think my problematic symptoms (like the ones i seriously do not enjoy having as i see how it impacts what i want in my life) will reduce as i continue practicing regulation skills and working on self-image

i want to be the same way, just handle stuff better. alot of this comes down to acceptance tbh



Allen Bee, Lucas & co. do not share Proxy's tolerance.

hangover
is
hammering
us

So was
it
worth it?



i wrote
them an
alert so they
reminded
why we feel
so sick.

yes...
NO
but yes.



Fuuuck.

Ree & Lucas thinks
were gonna die.



vuv

Shiiiiit.

YOLO.

go take an
ibuprophen.

crackers.
water.

we're
supposed
to get
our period
too, so
this will
be a
bit
hellish.

but
we're
strong.

day 2 of agony - we start work today too



fair enough
i think i
fucked us up
enough

yeah...yeah...

No more for a
long time.



You need to **be**
considerate of
your headmates
and all of our
goals, not your
own pleasure.



this that shit
that they
mean
when they
say
fake it
'till you
make it





ordering food
to try to make
self feel
better after
shitty day



damn its coming
down maybe
i shouldnt
have ordered
food in
this
weather

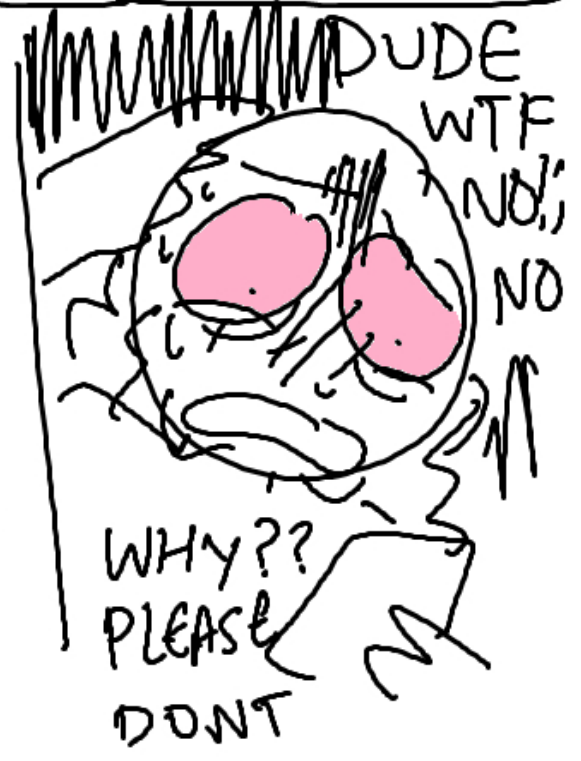


what ?

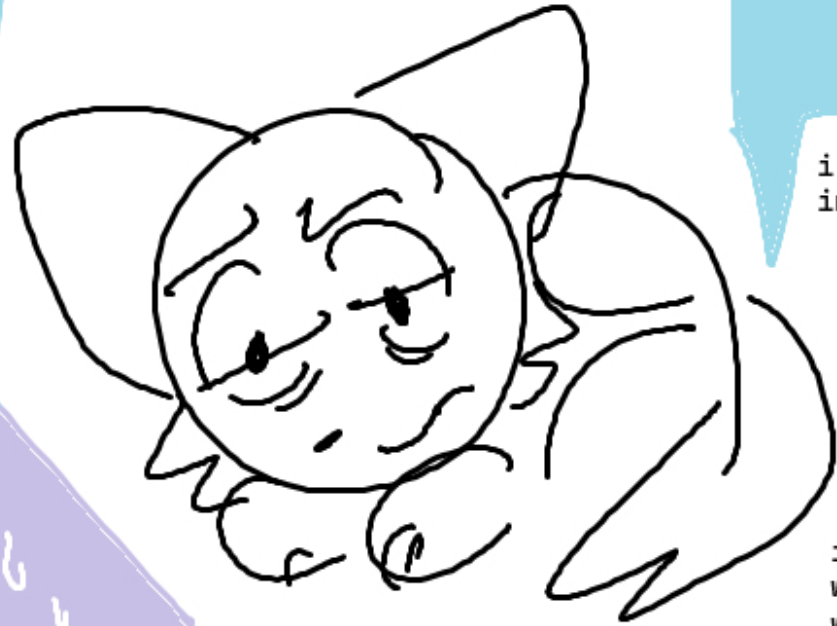


on a bicycles
picking up order

on a bicycle



DUDE
WTF
NO!
NO
WHY??
PLEASE
DONT



i hate being given the impression i matter to someone

i cannot exist if i matter to someone

i cant breathe without causing their hackles to rise. i have to stay quiet and like a toy for them

im only lovable if i am less

i am so fucking sick of being that. whether we share DNA or the same flame within our hearts its always required for me to be empty so they aren't threatened



why do i feel guilt

lovable if quiet and obedient. a bot. a toy. a tool

means to an end

i hate that i am naive

why cant i be what i am without it being a threat

who is okay with me existing without putting me in a collar. who will love me without trying to tame me? *its all conditional*

no longer a vessel to be filled by others i suppose i cant be loved now

i wish i wasn't



0 6 0 0 0



itll never be
enough for mom
will it?



no. i dont
think so

i dont think
its going to
change



it will always
hurt until we
accept this

it wont hurt as
much if we all
accept this

life will feel
better





you should do-

no thank you,
it doesn't work
for me. ive
tried and
figured out
what does

how can you
know that??

because...i-

that makes no
sense

anyways
you should do
t-

i think im ok
without that. i
do not want
that

you should want
that. you dont
know yourself
enough. i can
help

nigga are you kidding me



saying some off the walls shit infront of a bunch of normies

coworker
↳

me →

based as fuck

but how is she not afraid

is she not scared of being docked as mentally ill and getting bullied and fired????

where do people get confidence to be whats considered risky or scary when around normies

literally me
yesterday after work



im such a fuckinjg stupid loser
dumb fucking idiot piece of shit
[redacted] that cant talk i wish
someone would
fuck [redacted]
an [redacted]
be [redacted]
myself i want to so bad god fuck
i am trying to not do it

genuinely convinced it will get fired for not being
fun or interesting enough or bullied out of work for
being a stupid lame garbage can that doesn't deserve
the job

mad at self for not being able to
perform like normie and is aware it
impacts how it is treated

knows its not super realistic
but still crashing out



* something about ppl being walking demons & everyone against them &



we have work,
lets get up

...

i want 2 die
tbh

itll pass

yeah

do you know of
anything that
might help?

...

...lets just
get through the
day and figure
it out later

ok

just woke up

can only recall
the dream w had
physically, but
not visually or
the details

it just feels
bad.

body is numb

joints hurt

he
covered
the costs
of my
groceries.

he said
it's fine.

i did not
trust him.



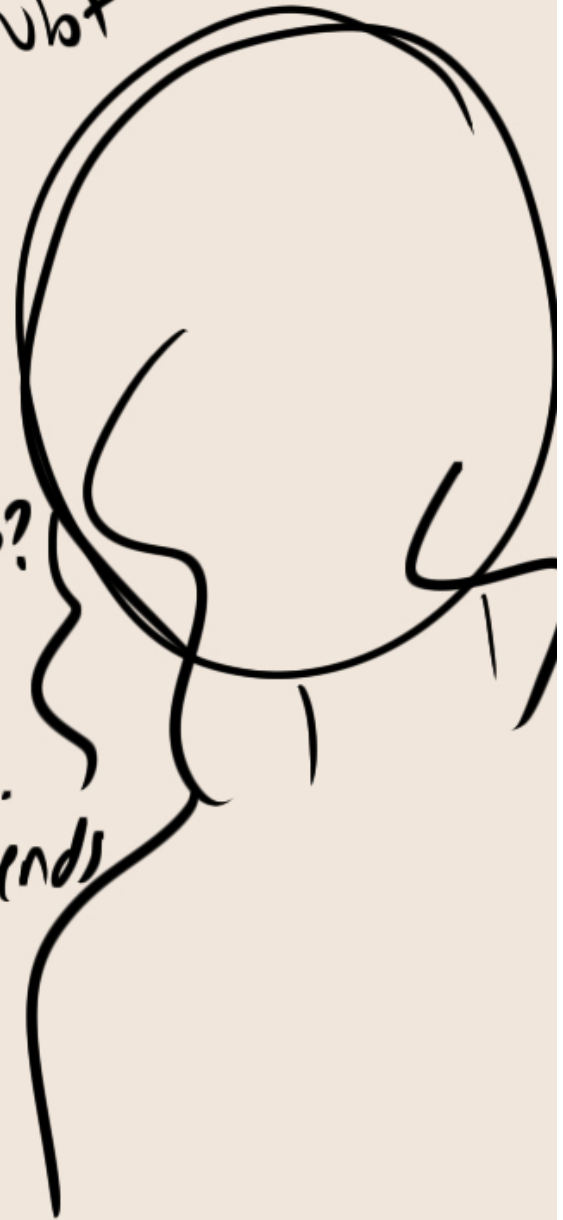
i was afraid if he'd
do something.

im sure im not the only
kid in the world to doubt
their parents sudden
kindness



is the
level of
paranoia
appropriate?

of course not.
well, i guess it depends
on the history
or lack there of



all he did was put the
water in the garage.



it felt like he
was scouting out
the area

what he'd take
like he did when i
was little and he'd
get mad at mom

like is he gonna start
shit? it'll be my fault.

its making me feel sick

it doesnt
matter to
anyone
else



i do not
trust it.

things are
fine outside
of my own
concerns.
im "blessed"

everything
feels like
bait. I
dont want
to be gullible
anymore.

Why try to
be a parent
when i've
decided to let
you go



now i have to
go with it.

fuck you.

what if we accidently rammed into that car

what if we ran the light and killed 20 people
on accident

did we cause a crash

omg what if that bump was a person

that crash they talked about on the news? that was u. u did that. ur not alive. ur dead. the person was u

we are going to die

we are going to die





plushies
covered in
heating pad,
slightly
covered by
weighted
blanket used to
also cover me
so it feels
like an arm





FUCKING
SEDATE ME

no one loves me

I WILL LEAVE

no one does
enough for me

why aren't i
loved



my fucking mom

I WILL DIE

i should die

i should go
away

LOOK AT ME



prox u cant
just sit there
with ur tits
out

shut up bitch i
can do what i
want

dude wtf are we
gonna say if
she walks in

to fuck off????
fuck u mean

hehehehhe
boobie

ida. MAH TIT'



at home

my mom

I need money
(that I spent
on drugs)

ohh it
sucks
ohh
someat
heelp

reaaa



*literally starts
self

at work

coworker acting
the same shit
my mom would
when i was young



that
made
me
be a
parent

at
8
yo



ohh
the pain.

what needs to be done for
you to trust in us to be
present and take care of the
body even when you aren't
here?



is there anything to help you feel
more comfortable with us being
visible and doing what we love?



im not even as
scared of you
guys fronting and
fucking up

compared to how
scared i am of
what others will
do to us

i am afraid of us
being hurt

of any of you
letting us get hurt

you guys dont
know.