

An Analysis of Helheim

(This is based on research and the understanding towards the subject. There are several videos in the Narrative discussion that I have watched entirely.)

Like most myths, there is a lot of different vague telling of Helheim, especially the one who has dominion over the realm, known as Hel.

The only information that is known about is that there is a bridge, a gate, and a hall inside. It's nothing like the Christian hell or Hollywood's interpretation of the Greek underworld, it's more towards a unfortunate and drearily next part of life, the dead resides there, but are more living there as they were alive, eating, sleeping, fighting, etc. to the point where Helheim seems no different than the living world, just much more deader.

Of course, because it has so much theme of death, that people depict it as a bad place or that it has bad things in it, the sources suggest that there is only one form of punishment, and it is quite vague. As well as if there was anything in Helheim.

Hel is also seemed vague, not as much of a bad person but more of a caretaker towards the death, she does not kill or has the power to choose death, but more to catering the fallen after they die.

One person from videos I've research suggest that, and I quote, *'if you try to write a 100-page book about Hel and Helheim, you could write everything about them and never come close to reaching 100 pages.'*

So, overall, the idea of Helheim is up for interpretation, with the idea that it is about death, peace, rest, living in the afterlife.

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