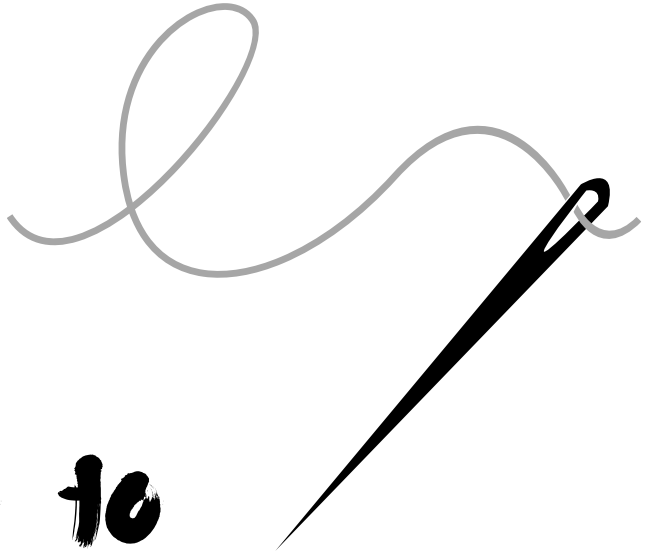




Intro to

Visible Mending

**make your clothes last
longer and look cool!**

It's easier than you think ;)

originally made for a collaborative class hosted by
@supr.saturatd and @artists.in.sync

Why mend?

increase life cycle of clothes;

keep clothes out of landfills;

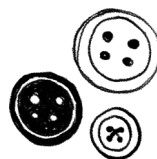
wear your own art;

make unique clothing for you;

divest from fast fashion;

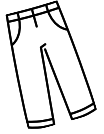
reconnect with history;

save money!



Common repairs

rear and thighs of pants



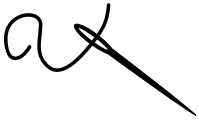
reinforce: patches + sashiko

distract: embroidery



holes in socks

darning, (hand, swiss,
speedweave, etc!)



tiny holes in shirts, pants, etc

patches, embroidery, darning...

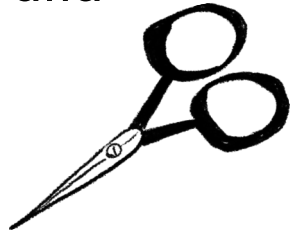
basically anything can be
embellishment or art!



Patches!

Iron-on

- easier to attach, widely available
- tend to peel off after use (can sew down if desired)
- best for quick repairs and embellishment



Sew-on

- can be anything from simple fabric to embroidery art
- reinforce weak spots and/or cover holes
- best for large repairs

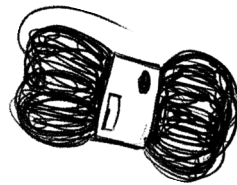


Darning!



By hand

- weaving new fabric over a weak spot or hole
- Swiss darning = duplicate knitting
- repair over taut fabric or darning egg
- best for small holes, especially socks



Speedy-style

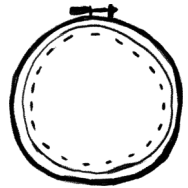
- machine-assisted with a speedweave or similar machine
- goes on fast, but only attached at edges of woven patch
- best for reinforcing weak fabric

Embroidery!

Pros: limitless options for designs

Cons: limitless options...

- pre-made patterns, cross-stitch patterns, cool lineart you like
- repeat patterns already on fabric
- free-hand or thread-paint art
- get inspiration or just copy someone (I won't tell)!

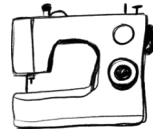


Sashiko

- Japanese geometric stitch style
- traditionally done on separate fabric, then attached to clothing
- useful for reinforcing fabric
- can get printed fabric to sew over

Don't stop there!

clothes too small



upsized - add panels to sides
or bottom;
frankenstein items together



clothes too big/long

add darts or new hems;
just cut pieces off!



beyond resizing or repair



YOU CAN ADD POCKETS!!!
swap with someone else;
make a t-shirt quilt;
new patch or scrap fabric!



**more info and
resources at:**

linktr.ee/suprsatvismend



If you have questions, need
help, or just want to chat,
please reach out at
suprsaturatd@gmail.com,
[@supr.saturatd](https://www.instagram.com/supr.saturatd) on insta, or
suprsaturatd.tumblr.com

